

# October WV Elementary Lunch/Breakfast 2017

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	
1	French Pepperoni Bread, Green Beans, Peaches, Fruit Smoothie, Milk  Egg Patty, Toast, Applesauce, Juice, Milk	Fajita Chicken Wrap, Black Bean Salsa, Romaine Lettuce, Apple, Milk  Nutrigrain Bar, Toast, Peaches, Juice, Milk	<b>No School</b>  <b>Staff In-Service</b>	Italian Pasta Bake, Romaine Lettuce, Roll, Banana, Baby Carrots, Milk  Breakfast Wrap, Apple, Juice, Milk	Chicken Nuggets, Sweet Potato Fries, Fresh Fruit, Celery, Milk  Pancake & Sausage on a Stick, Banana, Juice, Milk	2 3 4 5 6 7
8	Chicken Pattie, Bun, Baked Beans, Celery, Pineapple, Milk  Rice Krispie Bar, Cereal, Pears, Juice, Milk	Hot Ham Slice, Orange, Mashed Potatoes, Cookie, Butter Sandwich, Milk  Yogurt, Toast, Pineapple, Juice, Milk	Spaghetti with Meat Sauce, Romaine Lettuce, Carrots, Apple, String Cheese, Milk  Breakfast Pizza, Orange, Juice, Milk	Corn Dog, Green Beans, Banana, Fruit Smoothie, Milk  Cereal, Toast, Apple, Juice, Milk	Pulled Pork, Bun, Cooked Carrots, Apple, Romaine Lettuce, Milk  Egg Patty, Toast, Banana, Juice, Milk	9 10 11 12 13 14
15	<b>No School</b>	Soft Shell Taco, Black Bean Salsa, Romaine Lettuce, Grapes, Milk  Omelet, Toast, Peaches, Juice, Milk	Hamburger Pattie, Bun, Green Beans, Orange, Fruit Smoothie, Milk  Breakfast Pizza, Grapes, Juice, Milk	Chili, Applesauce, Carrots, Celery, Crackers, Roll, Milk  Rice Krispie Treat, Cereal, Orange, Juice, Milk	Pork Chop Patties, Bun, Broccoli, Carrots, Fresh Fruit, Milk  Egg Patty, Applesauce, Toast, Juice, Milk	16 17 18 19 20 21
22	Sub Sandwich, Romaine Lettuce, Baked Beans, Orange, Milk  Omelet, Toast, Pineapple, Juice, Milk	Beef & Noodles, Roll, Cooked Carrots, Peaches, Cheese Slice, Milk  Cereal, Toast, Orange, Juice, Milk	Meat Pizza, Apple, Green Beans, Sherbert, Milk  Breakfast Pizza, Peaches, Juice, Milk	Waffle Eggo, Egg Patty, Oven Potatoes, Carrots, Grapes, Milk  Long John Mini, Cereal, Apple, Juice, Milk	Sloppy Joe, Bun, Broccoli, Fresh Fruit, Milk  Muffin, Cereal, Grapes. Juice, Milk	23 24 25 26 27 28
29	Turkey Sandwich, Baby Carrots, Apple, Romaine Lettuce, Bar, Milk  Egg Patty, Toast, Pears, Juice, Milk	Hot Dog, Bun, Baked Beans, Grapes, Fruit Smoothie, Milk  Nutrigrain Bar, Toast, Apple, Juice, Milk	<b>No School</b>  <b>Staff In-Service</b>		<i><b>All meals include a carton of milk.</b></i>  <i>Menu is subject to change without notice.</i>	30 31 1 2 3 4

**We are an equal opportunity provider.**

**This school uses whole grain/whole wheat products.**

Parents and Grandparents are always welcome to eat with their child -- please call the office before 9 a.m.